

# REAP LIFE

IMPACT  
REPORT  
1/14 - 8/15



# DIG



DEVELOPMENT IN GARDENING

# JANUARY 2014 - AUGUST 2015 IMPACT REPORT

## VISION

We see communities that are healthy and resilient working together to preserve and protect their environment.

## MISSION

Development in Gardening's projects enable vulnerable and HIV-affected communities to meet their own needs and improve their well-being through nutrition-sensitive and sustainable agriculture.

## VALUES

We believe access to nutritious food is a basic human right and can be life-saving, especially for vulnerable populations living in poverty and fighting life-threatening diseases such as HIV.

We use a grassroots approach in working with communities to influence local policy and protect development achievements.

We rigorously promote environmentally, economically, culturally, and educationally appropriate responses to barriers preventing equality of opportunities.

We respond to diversities and promote inclusiveness, particularly highlighting the potential of women and girls, and of people living with HIV, people living with disabilities and other vulnerable groups.

We promote gender equity as a fundamental human right.

We partner with a broad range of organizations (local and international, civil and government, urban and rural, faith-based and secular).

We promote, support and transfer environmentally restorative strategies resulting in climate-resilient practices.

We engage in collaborative approaches that build on the unique circumstances of the local context to facilitate full local project ownership.

# DEAR FRIENDS,

On the cusp of our 10-year anniversary, I've been reflecting on all that Development in Gardening (DIG) has done up until now and where we hope to go in the future. I'm particularly proud of our progress in the last 18 months. I have been so inspired by the folks we've worked with and am eager to do more.

What we eat, how our food is produced, and the challenge of feeding an ever-expanding population is at the forefront of today's global conversation. With climate change, poverty, political instability, HIV transmission and diseases ever complicating the problem of hunger, we believe that DIG's model of intervention is more necessary than ever.

Our approach is rooted in community, using small-scale sustainable agriculture to drive change. Over the years we have worked alongside communities who have turned barren land into lush gardens, and gardens into places of sustenance, fellowship and acceptance. We are continually inspired by the many men and women who are reporting great success from the adoption of DIG's techniques at home. They are now more capable of combating unpredictable climates, nutritional vulnerability, and ever-fluctuating food markets.

With organizations competing for big dollars, and trends-in-giving changing as quickly as the next social media-craze, it's never been more challenging to be a grassroots non-profit. Stay the course or redefine? I weigh this every day. How can we insure that DIG will also not only survive, but thrive, and be able to continue to help communities in need?

What we know is this, DIG works. We've watched frail malnourished babies grow into happy, healthy children.

We've seen men and women, weak from the complications of HIV, grow strong and command community respect, and we've watched our gardens arm widowed mothers with the tools they need to care for their vulnerable households. And so, DIG has elected to continue wrestling with the unique complexities of each community project and stay true to its grassroots, collaborative approach.

By listening to and by innovating alongside the communities we serve, we have seen lasting and meaningful transformation happen. It is a success no pre-prescribed intervention could engender.

While the science to growing a garden never changes (soil, seeds, water, sunlight, care), the individuals, customs, cultures, and communities planting those gardens are endlessly variable. Because of this, DIG looks at every project with new eyes, acknowledges its uniqueness and plants it with purpose.

Never has there been a more important moment to equip vulnerable communities with the skills and knowledge to achieve self-reliance, resilience and food security. We are so very grateful to the individual donors, corporations, and organizational partners who have invested in DIG. Together we bring the power of community to a world hungry for nourishment.

With deepest gratitude. Sow hope. Reap life. DIG.

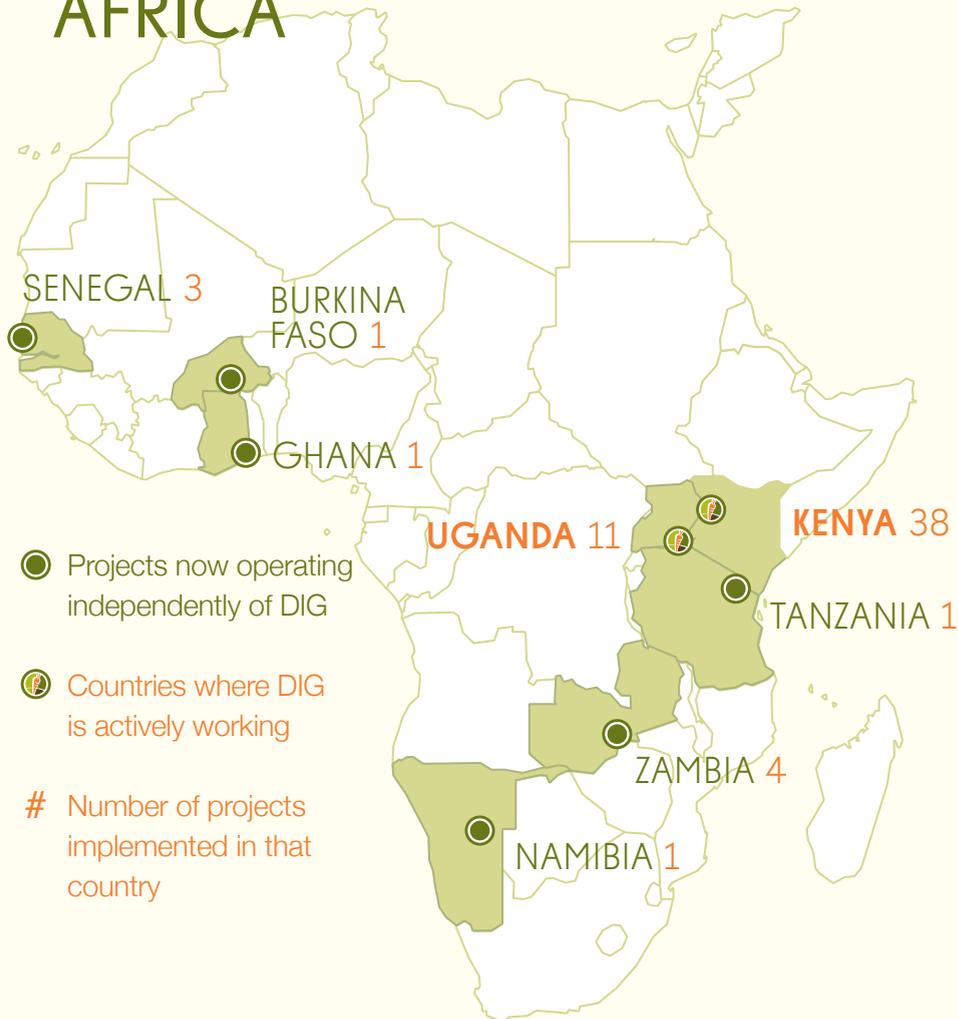


SARAH KOCH, CO-FOUNDER & EXECUTIVE DIRECTOR

# WHAT WE REAPED

## IN 2014/ 2015\*

### AFRICA



● Projects now operating independently of DIG

● Countries where DIG is actively working

# Number of projects implemented in that country



● Hunger is the world's greatest **solvable problem**

DIG's **sustainable garden** approach nourishes vulnerable communities throughout the world one seed at a time



● 1/2 the world's hungry are **smallholder farmers**

In 2014 DIG **increased** smallholder farmers' **production** in nutritious fruits and vegetables by over **250%**



● If **women farmers** had the same access to resources as men, global hunger could be **reduced by 150 million**

**80%** of DIG farmers **are women**; DIG provides resources and skills to support their gardens and families



● 23 million primary school **children** in Africa **attend class hungry**

DIG supported 5 sustainable school gardens that serve more than **2,400 students**



● **Poverty** is the **principal cause** of hunger in Africa

On average, for \$100 invested in a DIG home garden, a farmer sells or saves \$300 towards food every year, a **3:1 return on investment**



● **33 million** people are **chronically undernourished** and living **with HIV**

DIG is breaking the cycle of HIV, food insecurity, and malnutrition by having **trained 500 people living with HIV** in nutrition, sustainable agriculture, and providing resources to develop their own home gardens

\* Statistics from World Food Program, FAO, UNAIDS, and DIG program evaluation Kenya 2014



# GROWING UP RESILIENT

**ZAKAYO MIKWANGA** is recognized as one of DIG's most successful home gardeners. He proudly harvests kale, carrots, and other vegetables every day of the year without interruption. "I am a busy person," he laughs. "Unlike before, my family is learning new techniques as we enjoy the benefits of having a garden with many different vegetables."

Growing up, Zakayo had a father who, though poor, valued a good education - a rare privilege in 1960s Kenya. Zakayo would take his small bag of pens and notebooks to school every morning, returning with stories and questions from the day's lessons. As a young boy, he dreamed of going to university and having a professional career.

In his second year of high school, Zakayo's father died unexpectedly and many of those dreams vanished. Having to now support his mother and his younger siblings, he moved to Mombasa, took whatever work he could, and regularly sent money home. In Mombasa he met his wife, Julia, and had

seven children. When his mother took ill, Zakayo moved his family back to Western Kenya to care for her, but there was no work, and therefore no money to feed his family.

In 2014, Zakayo learned about Development in Gardening and enrolled in DIG's **Mobile Farmer Field School Training**. He quickly began implementing new techniques such as organic pesticides and fertilizers, double-dug and raised beds, composting and soil enrichment, in addition to planting a diverse selection of horticulture crops for improved nutrition.

Today, his farm is more than a kitchen garden feeding his family. "Every week my wife takes the pilipili hoho (green pepper) to the market, and comes back with money," he boasts. "On average, she sells Ksh 5,000 (\$50) from our garden every month. This is money we did not receive when this piece of land grew only sugarcane." And he has grand plans for expansion. "Now that I have a portion of my farm growing vegetables so well, I plan to increase its size and use more of the techniques I have learned."



When reflecting on how he farmed before DIG's partnership, Zakayo said, "changing climates really challenged me. I never knew it was important to care for my soil. I also realized that I did not have the technical know-how to organically farm vegetables for better yields. Like most people here, I would plant anyhow and never cared about spacing or soil fertility. I never thought about the soil I was leaving for my children."

Today, Zakayo plants early and saves his vegetable seeds. He feels it is particularly important now that Kenya is experiencing so many challenges with climate change. "I have the techniques from DIG, and I use them. I am seeing very good results."

Promoting dietary diversity and introducing a variety of different crops is a big part of DIG's program. "I never grew crops like green pepper, chard, beetroot, carrots, or pigeon peas before DIG came here, and now my family refuses to make a meal without vegetables," he says, smiling. "Pigeon pea is one of my favorites because it's usually ready for harvest during the January/February dry spell, so my family can still enjoy protein-rich food when we used to go without."

It's incredible to think what a simple vegetable garden can do for a vulnerable family in rural Kenya. Today, Zakayo is recognized as a model DIG farmer. Through a small fund, DIG invites him to agriculture workshops and technical trainings throughout the region. He says he is constantly inspired to achieve more through his farm.

"This is my job now," says Zakayo. "My life has really changed; my family and I now consume a balanced diet. We don't spend money to buy vegetables. My children are exposed to these techniques, and I'm glad knowing they will copy this for their own livelihoods. I believe that through this work, I will get enough income to sustain my children and one day I will send them to university."

"I HAVE THE TECHNIQUES FROM DIG, AND I USE THEM. I AM SEEING VERY GOOD RESULTS."  
—ZAKAYO MIKWANGA





# NOURISHMENT

## NUTRITION SENSITIVE AGRICULTURE WITH YOUNG MOTHERS

Through a partnership with the Lwala Community Alliance (LCA) in North Kamagambo, Kenya, DIG met and started working with a young woman named **EUNICE AKINYI OTIENO**. LCA had been assisting her through their Out of School Mentoring for Girls program. Recently widowed and only 26 years old, Eunice was left to care single-handedly for her four

children, ages ten, four, two and one. She has a lot stacked against her. She knows that at any moment her late husband's brothers could legally take their home and land away from them. Though practically a child herself, her children's survival is a delicate balancing act she performs every day.

When Eunice started working with DIG, her three youngest children were sick and malnourished. LCA tested and treated them for malaria and started supplying the family with food supplements. While this brought some immediate relief, she needed help for the long term. She needed a community of support, and skills she could put to use.

With no formal education, Eunice's options for work were severely limited. Coupled with the time and effort it takes to care for young children, earning a viable living became an unrealistic reality. But, through DIG's Young Mothers Program, Eunice is finding a way forward. She shows up every week without fail--her youngest baby bouncing on her back and one or two more in tow--eager and ready to glean whatever knowledge she can apply to her situation.



The Young Mothers Program focuses on teaching economically appropriate organic agriculture to women who have had children at a very young age. Girls themselves, many widowed, some never married, these young mothers

**“I HAVE MINIMIZED MY EXPENSES ON BUYING FOOD BECAUSE I CAN NOW GROW MY OWN.” –EUNICE**

have to learn ways to translate small-scale farming into income-generating opportunities and, most importantly, how to enhance the health and nutrition of their children through gardening. Today, Eunice has a home garden with a wide variety of vegetables. She said, “I have minimized my expenses on buying food because I can now grow my own.” Her children are now strong and well fed. She is able to source almost all she needs from her garden; kale, amaranth, and black nightshade are staples in her field, and she hopes to start growing green peppers to sell in the local market.

But, the vegetables aren't the only things that nourish Eunice. She is now linked to a community of other young mothers like herself. She finds comfort in these women, strength in the connection they share and the resources available to them through LCA and DIG. She has peace-of-mind and hope for the first time. She said she feels lighter, that where she once carried her burden alone, she now has many hands lifting her up and giving her the strength to do more for her family.





# COMMUNITY

## WECHAYA HIV SUPPORT GROUP

It's an early, cool Wednesday morning; the sun is still low in the sky, but the chorus of cicadas and crickets reminds us of the heat that's coming. The Wechaya HIV Support Group is meeting in their community garden. Quiet talking and laughing can be heard as women dressed in vibrantly patterned skirts make their way down the narrow cow paths and gather in the shade of a broad mango tree.

Organized through DIG's Mobile Farmer Field School program, these women have come together to tend their garden and invest in their future. The four-month long, hands-on initiative covers a myriad of topics, from soil management, organic pest control, water conservation, climate resilience and seed saving, to farm management, marketing, and nutrition for people living with HIV.

Wechaya means "Don't Despise Us." The group gave themselves this name to make a statement to their peers. They wanted their community to see the value they bring and look beyond just their HIV status. This area has one of the highest HIV-infection rates in Kenya – a staggering 25% of the

population. There is no one that has not been touched by the disease, and stigma is still a stark reality for many.

Determined to be seen as more than their status, this group was motivated to join forces to earn an income, supply their community with diverse produce and provide nutrient-rich vegetables to their families. Today, they have become consistent and dependable suppliers of green peppers and other produce to the local market, and collectively they earn a regular income as a result. On average, the group makes \$50 a week on harvest sales alone and the members are reporting a dramatic increase in their consumption of garden produce at home. Where families had previously supplemented one meal a week with vegetables, they are now supplementing five or more.

With this new income, the group has implemented a savings-and-loan program, which supplies small loans to its members. These loans are paid back at competitive rates, and have allowed individuals to invest in small business opportunities, pay school fees, enhance their personal farms and make improvements on their homes.

Today, the Wechaya group stands with pride in what they contribute to their families and the larger community. They are respected, even sought after, as experts in DIG's agricultural techniques. Their name no longer stands for their fears, but now affirms their triumph and their ability, even in the toughest circumstances, to thrive.



# KENYA

Kenya continues to be a place of learning and growth for DIG. Our flagship farm at The Lwala Community Alliance (LCA) is thriving and producing nutritious meals daily for the hospital. It's been the inspiration for extended growth in the region of Migori County.

**DIG'S MOBILE FARMER FIELD SCHOOL (MFFS)** program has reached over 500 small-hold farmers, enabling them to become more climate-resilient, food-secure, nutritionally rich, and economically sound. What participants learn through the temporary demonstration farms, they take back to their homes and share with their families. The program targets the very poor and nutritionally vulnerable small-hold farmers who traditionally rely on agriculture for their livelihood and food security. This program has been identified as a model that helps this population produce food safely, sustainably and efficiently, thus allowing them to better meet their nutritional and income needs. The impact lasts long after the project has ended, and interest in the program continues to grow.



Knowing that vegetables play a vital role in improving physical health, DIG highlights the benefits of having a diverse vegetable garden. Participants are hungry to implement what they've learned. Before DIG's involvement only 30% of these targeted individuals had horticulture gardens at their homes. Today 99% do, and it's making a big impact on their lives. They are growing and consuming more vegetables than ever before. On average, DIG's farmers are incorporating nutrient-rich vegetables into their daily meals over eight times a week, which is a significant increase from the once-a-week statistic measured before DIG's involvement.

It's widely accepted that one of the key indicators for nutritional health can be found in dietary diversity. What one food doesn't provide another one will. But oftentimes, cultural traditions and financial restrictions limit a family's ability to diversify their diet. DIG's MFFS program is changing that.

In a DIG farmer's home garden you are likely to find kale, onions, black nightshade, spider plant, butternut squash, eggplant, carrots, beets, Swiss chard, and a variety of herbs. This is a stark difference to the mono-cropped local green found in most traditional households. It's not just about the food though; 63% of DIG's farmers are both consuming and selling from their gardens. Where no income was being produced before, farmers are now earning an average of \$5 a week, with some exceptional farmers earning over \$100 a month from excess produce sales alone!

In 2014, 38 passionate DIG farmers were motivated to turn their farms into small business ventures. We invited them to participate in DIG's **PRODUCER GROUP PROGRAM**. They learned about farm profitability, writing and maintaining farm business plans, recordkeeping, marketing of agricultural produce, collective marketing, and both farm and financial management. Savings from one group's produce sales exceeded \$560 in the month of December alone.

With program participants seriously invested in the financial success of their gardens, DIG was able to connect 28 of them with KIVA micro loans. A total of \$4,750 in loans was disbursed in 2014, and our farmers have been paying back at a rate above 97%. Because of its demonstrated success, DIG plans to expand this program in the future to other interested MFFS graduates.

Another initiative with great success has been DIG's **SUSTAINABLE SCHOOLS PROGRAM**. It has provided an opportunity for holistic growth among students from 5 schools in the North Kamagambo area. The project is improving school grounds, course offerings, and food security for its most at-risk students. In 2014, DIG worked directly with 750 students; 125 were awarded resource grants for the implementation or improvement of their home gardens. These grants gave students access to vegetable seeds, tools, and DIG mentorship. Over 1,000 fruit and shade trees were planted at each of the 5 schools and horticulture crops were harvested for both consumption and sale. One student reported, "I have taught my family about moringa (an edible tree known for its unmatched nutritional value) and my little sister loves it so much." As parents and others are invited to workshops, and excess produce is sold to the local market, the school gardens are being recognized as places of learning for the whole community.

In Kenya, DIG's team of local facilitators is dynamic and motivated. Driven by the change they are seeing throughout the communities, they are eager to expand their knowledge and reach. DIG's investment in this region of Kenya and in our local staff working there has resulted in a robust network of gardens, with skilled communities helping one another create a more food-secure and agriculturally resilient population.



# BUDDING BUSINESS



## KENYA

**ELIZABETH ACHIENG OMITI** is a 52-year-old DIG-trained farmer in Migori County, Kenya. She is a widow, a mother of three daughters and two sons. She is also the sole provider for five grandchildren who were left with her by their mother several years ago.

Before DIG came to the area, Elizabeth was growing sugarcane and maize exclusively. She struggled daily to put food on her table, and pay her grandchildren's school fees. Sugarcane was what her husband had always farmed, so it was the tradition she continued. But, sugarcane takes 18 months to grow and provides little to no nutritional benefit.

While there is a reliable market for the harvested cane, it's impossible to anticipate what price the cane will sell for once it matures. Because Elizabeth never went to school, she never learned to do a cost analysis of her efforts. Understanding the cost vs. gain or what else she could grow in those 18 months was not something she ever considered. She just kept doing what her husband always did, never knowing if she turned a profit. The challenges were real; during the long months before the harvest, Elizabeth had no reliable income and eventually the money would always run out.

Through a partnership with the Youth and Child Rural Empowerment Network (YACREN), Elizabeth was invited to go through DIG's agriculture training. She and several other women from the Rang'ala self-help group participated in DIG's Mobile Farmer Field School program where they were trained on a variety of organic agriculture techniques and gardening for nutrition.

After graduation, the group remained motivated and strong and was invited to participate in DIG's Producer Group program. Through this initiative, participants are





“WE NEVER GO WITHOUT NECESSITIES LIKE SOAP OR FOOD AS WE DID BEFORE.”  
— ELIZABETH ACHIEING OMITI

In November alone, Elizabeth’s small plot of onions brought her \$180, and even more in December. When she compared her earnings to what she had been making from her sugarcane and maize efforts, she said, “I would never have been able to make this money if I had planted sugarcane or maize on this same piece of land. I now get money from the daily sale of my onions, and we never go without necessities like soap or food as we did before.”

With her newly earned money, Elizabeth has been renovating her house, giving her grandchildren a safe and decent place to live. She’s paying school fees reliably, which means her grandchildren no longer face gaps in their education. And, thanks to their home vegetable garden, they are now eating eight times the variety of produce than they did before.

With her grandchildren helping her maintain garden records, Elizabeth is instilling important life skills in future generations, but what’s most exciting is seeing this 52-year-old woman light up with ideas for the future. Her newfound entrepreneurial spirit has breathed new hope and excitement into her family, and none of them will look at a piece of farmland in the same way again.

encouraged to transform portions of their small farms into budding businesses. They each choose a marketable vegetable to grow and sell; Elizabeth selected bulb onions. She sectioned off a piece of her land and went about the 4.5-month journey of tending to her crop from seed to harvest.

In Kenya, it costs roughly \$30 for 2 lbs of bulb onion seeds, enough to plant an acre, and each acre can yield 12 tons of harvest. Having a long shelf life (up to 3 months), bulb onions would also give Elizabeth additional time to find an optimal market for her yield.



# UGANDA



Image courtesy of Chris Saunders for Keep a Child Alive

DIG has a deep affinity for the people of Uganda, built up by DIG's work there beginning in 2008. Uganda is a country that has nurtured the growth and development of DIG as much as DIG has helped its people. In 2014, by collaborating with previous partners as well as new organizations and community groups, DIG strategically increased its impact in the eastern and central regions of Uganda. Here are just a few highlights from three of our programs:

## KEEP A CHILD ALIVE (KCA)

DIG has been partnering with the international non-profit Keep A Child Alive through their Alive Medical Services Program. Located in one of the poorest and most overcrowded urban areas in Kampala, Alive Medical Services offers dignified, comprehensive HIV care and treatment for no cost to over 11,000 clients.

DIG's goal was to not only teach their clients about the value of improved nutrition but also equip those individuals with a practical means to produce and consume nutritious foods through the activity of sustainable gardening. Today those gardens are flourishing and leading to improved health for the clients and their growing families.

DIG worked closely with three HIV support groups - Kapeeka (96 members), Tweyambe (120 members), and Bukasa (40 members). Each group accessed new skills in organic farming through a series of demonstration gardens. Home garden support and cooking demonstrations were also incorporated into the program, and vegetable market days created opportunities for fellow Alive Medical clients and families to benefit from the excess nutrient-rich produce.

All three of the support groups developed prolific community gardens, as well as numerous home gardens. Kapeeka and Tweyambe got a motivational and financial boost in November and December of 2014 when their excess produce sales brought in nearly \$200 in cash. For the members of these groups, this has been life-saving, especially considering that the food sold was only one-eighth of all that was grown. The vast majority of the harvest was consumed by members and their families, thus nourishing their bodies and souls, while the produce sold at market provided much-needed funds for medicines and other essentials not previously affordable.

Kapeeka's Leader, Musiitwa Atanansi, spoke about the impact DIG's program through Alive Medical Services has had on his group. He said: "We feel like we have been cured

from our sickness from HIV. And now that we are healthy, we can use our gardens to fight poverty.”

## PAUL AND ROSE'S BUWALA ORPHANAGE

Paul and his wife Rose Bogere never planned to start an orphanage. At a young age Paul lost his father to one of Idi Amin's massacres, and his mother died of cancer soon after. A kind man took Paul into his home and continued to take in needy kids throughout Paul's childhood. Helping those less fortunate was something Paul saw daily and learned early in life. But Paul's own calling happened unexpectedly, when three children whose parents had succumbed to AIDS were left homeless in his community. When their extended families turned them away, Paul and Rose opened their lives to these children and called them their own. As more local children were left orphaned by the epidemic, Paul and Rose continued to welcome them.

As of 2014, they have fifty-one kids under their care, and are feeding many more every day. “I can never turn a child away from a meal,” says Paul. Paul and Rose raise these children with love and kindness. Through the support of a vibrant local and international community (including DIG supporter Ann McStay who traveled with DIG staff in 2010 to visit this and other DIG garden sites), they provide a home with food,

clothing and the opportunity to attend school. With the kids working alongside them, this dynamic family has expanded their DIG garden from a 1/4-acre plot to over three acres boasting more than forty large growing beds for produce, all intercropped with hundreds of fruit trees. This garden is providing more than enough food for the children as well as significant income to fund the orphanage's operations.

These once vulnerable children are now part of a powerful family caring for and equipping each other with life skills that will not only benefit them but will benefit their community and their future families as well. DIG could not be more proud to be part of their story.

## BUDONDO FOOD SECURITY GROUP (BFSG)

Having initially trained the Budondo Food Security Group (BFSG) back in 2008, DIG has been enthusiastically watching their work grow and thrive without much involvement financially ever since. In 2014, BFSG began its first steps in realizing a long-awaited dream of creating a sustainable-agriculture training center and vocational school. Today DIG, through a partnership with Project Redwood, is once again coming alongside BFSG to extend programmatic outreach in the community by helping develop a curriculum and training program for BFSG's training center.

BFSG's chairman, Patrick Kaima, explains,

“AFTER WORKING WITH DIG, MY MIND WAS OPENED. WE BEGAN TO GROW SUCH AMAZING PRODUCE AND COMMUNITY MEMBERS WANTED TO LEARN FROM US. WE HAVE REACHED THE POINT WHERE WE ARE THE TRAINERS, UGANDANS TRAINING UGANDANS.”

In 2014, BFSG and DIG hosted a “Training of Trainers” program. Thirty-eight representatives from ten community groups and organizations were provided with training both at existing demonstration gardens as well as in new community plots. To date, BFSG has trained 144 people in sustainable agriculture and established over 80 home gardens. Additionally, BFSG has been working with regional producer groups to set up cooperatives. The most successful cooperative, Namizi East Passion Fruit Growers, has earned over \$3,000 (US) from their efforts.

Many people around Budondo and in Eastern Uganda fight a daily struggle against poverty and chronic hunger. Statistics show that small-scale farmers exhibit poverty levels twice as high as the rest of the country. BFSG and DIG are building the capacity of these farmers by teaching the principles of sustainable and climate-resilient agriculture, while also focusing on improving food security, economic well-being, and nutrition.



Image courtesy of Chris Saunders for Keep a Child Alive



# MANUALS AND RESOURCE OUTREACH

**PROJECT REDWOOD FOUNDATION** (PRW) supported the original development of DIG's resource manual toolkit, which includes a Garden Manual, a Nutrition Manual, a Pest and Plant-Disease Library, as well as a Protocol to Developing a Community Garden Program.

In 2014, PRW supported the deployment of this toolkit to multiple organizations in order for them to establish sustainable agriculture programs and demonstration gardens. DIG distributed manuals and technical support in 7 countries to 18 different organizations, 3 schools, and 6 HIV support groups. In addition, DIG developed 12 demonstration gardens, benefitting over 2,000 people with increased access to food.

One of these partner organizations was Wakisa Ministries in Kampala, Uganda. Wakisa Ministries was introduced to DIG by PRW and WorldShare. Wakisa offers temporary shelter, training and counseling for young pregnant girls who have been rejected by their families and exiled from their communities. Often the young girls are pregnant due to rape and are at higher risk for contracting HIV.

DIG worked with the program's director, part-time agriculture teacher, groundskeeper and the young girls themselves to convert an overgrown lot next to the center into a lush garden which would provide fresh produce for the girls on a daily basis. The synergistic missions of DIG and Wakisa helped to provide critical nourishment to young vulnerable pregnant women. Studies show that well-nourished mothers have healthier babies and generally easier pregnancies. When a

woman does not get the proper nutrition she needs during pregnancy, she and her baby are at risk, with increased chances for infant and maternal mortality.

Today, Wakisa Ministries continues to manage the garden. Because of the abundant harvests, they've seen a large reduction in food expenditures for the center as well as an increase in the diversity of foods consumed by the girls. The garden has also added a new component to the expectant mothers' job training activities. After leaving the center, many of the girls have been able to use their new-found skills to establish gardens at their homes. These once culturally-dismissed young women are now finding themselves empowered and able to provide critically needed food for themselves and their young families.

Wakisa Ministries' use of the DIG manual toolkit has demonstrated the value of this resource, which will continue to provide significant returns on PRW's contribution to the toolkit's development and testing. The manuals have been translated into French, and can now be used in Francophone African and Caribbean countries. A planned Spanish translation of the manuals will allow DIG to take this much-needed information into Latin America. The manuals will extend DIG's model for sustainable agriculture and good nutrition into areas where DIG staff are not on the ground, multiplying DIG's impact immeasurably while allowing DIG personnel to continue concentrating on their primary mission to the nutritionally vulnerable populations in Africa and other underserved regions.

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## BILL WESTWOOD (Advisory)

# SUPPORT & REVENUE\*

Grants and Contracts | \$26,435

Contributions | \$227,107

In Kind Contributions | \$106,920

Other Revenue | \$6,554

**TOTAL SUPPORT | \$367,016**

# EXPENSES

Program: \$273,878

General & Administration: \$57,870

Development: \$47,533

**TOTAL EXPENSES | \$379,282**

Change in Net Assests: -12,266

Net Assests, Beginning of Year: 116,080

Net Assets, End of Year: 103,814

\* For the twelve month period  
ending December 31st, 2014



# 2014 DIGNITARIES\*

## FOUNDATION & CORPORATE PARTNERS

Aid for Africa  
Catchafire  
Clif Bar Family Foundation  
Imperial Court San Diego  
Kairos Church  
Laura and John Arnold Foundation  
MAZON a Jewish Response to Hunger  
Project Redwood  
Sutherland Asbill & Brennan LLP  
Tio Foods / Tio Gazpacho  
UC Davis International  
Agricultural Development (IAD)  
Graduate Group

## MASTER GARDENERS \$2,500 – 10,000+

William Tobin  
Stephen & Behth Dannhauser  
Greg Bogdan  
Milos Besta  
Brad Carlson  
Mark Colvin  
Amy Cunningham  
Cynthia Davies  
Mac & Amy Durrett

Eric Endahl  
Tricia May Bowdidge  
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**\* List reflects 2014 donors and supporters only**

A smiling woman with red braids is holding a white bowl filled with green leafy vegetables. She is wearing a green t-shirt with the text "Reap Life. DIG" on it. The background is a blurred outdoor setting with green plants.

**Reap Life.**  
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DEVELOPMENT IN GARDENING

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